My home support plan

Preferences and daily needs | page 1 of 2

Include the senior in choices. Keep personal care, financial and legal notes private.

Date; what matters most about home and daily life

Morning, meals or bathing: help wanted

Night, bathroom or mobility: concern to assess

Shopping, rides or appointments: help wanted

Who will assess home safety or care needs?

One next action, owner and date

Seek qualified advice for medical, legal, money and housing decisions.

Support and backup plan

Named arrangements and review | page 2 of 2

Confirm services, fees and coverage. Do not assume insurance pays for routine help at home.

Task / named helper or service / start time

If that helper cannot come: suitable backup

Cost, availability or insurance coverage to confirm

Urgent contacts and emergency arrangements

Change that would trigger an earlier review

Agreed review date and person who will arrange it

Review promptly after a fall, hospital stay or major change in support.