

Memory Box Visit Card



For the companion. No quiz, score, or time target.

Before the visit

Choose suitable items. Use copies when possible.

Check for sharp edges, loose parts, or mouth hazards.

Stay together. Follow the person's care plan.

Items I have checked for this person:

Start with one item

"We can just look at this together."

"Would you like to hold it or just look?"

Wait. Accept no. Quiet looking counts.

Pause if they turn away, push it aside, seem tired, or become upset. Put the item away.

What they chose to revisit, if anything:

A shared activity, not a treatment or memory test.